County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
Alameda	Alameda County Water District	OPTIMAL FLUORIDATION IS PROVIDED	0.87	0.9	More info
	East Bay Municipal Utility District	OPTIMAL FLUORIDATION IS PROVIDED	0.85	0.8	More info
	City of Hayward [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Pleasanton	OPTIMAL FLUORIDATION IS PROVIDED	0.93	0.8	More info
	Dublin San Ramon Services District	OPTIMAL FLUORIDATION IS PROVIDED	0.87	0.8	More info
Butte	City of Gridley	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
	Cal-Water Service Co. (Oroville)	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
Contra Costa	City of Antioch	OPTIMAL FLUORIDATION IS PROVIDED	0.87	0.8	More info
	Golden State Water Co. (Bay Point) [I]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Contra Costa Water District (Bollman)	OPTIMAL FLUORIDATION IS PROVIDED	0.84	0.8	More info
	City of Brentwood [m]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	City of Martinez	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	Diablo Water District	OPTIMAL FLUORIDATION IS PROVIDED	0.83	0.8	More info
	City of Pittsburg	OPTIMAL FLUORIDATION IS PROVIDED	0.80	0.8	More info
	Contra Costa Water District (Randall-Bold)	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
Del Norte	City of Crescent City	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	1.0	More info
	Bertsch Ocean View CSD [a]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	1.0	More info
Fresno	City of Coalinga	OPTIMAL FLUORIDATION IS PROVIDED	0.81	0.8	More info
	City of Fresno [f]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
Humboldt	City of Arcata	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	1.0	More info
	City of Eureka	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	1.0	More info
	Jacoby Creek Co. WD [b]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	1.0	More info
Kern	Indian Wells Valley Water District	Water naturally contains fluoride near the optimal level. Contact water system for more info.	Contact Water System	Contact Water System	More info
Kings	City of Hanford	Water naturally contains fluoride near the optimal level. Contact water system for more info.	Contact Water System	Contact Water System	More info
Los Angeles	City of Alhambra [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State Water Co. (Artesia) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Azusa Light And Water [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State WC (Bell, Bell Garden) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Bellflower Home Gardens WC [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Bellflower Somerset Mutual WC [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Bellflower Municipal Water Sys. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
		A mixture of fluoridated and non-fluoridated water		level (Ilig/L)	
	City of Cerritos [p]	is provided. Contact water system for details	Contact Water System		More info
	Pauls Water Co. (Commton) [m]	A mixture of fluoridated and non-fluoridated water	Contact Water		Mana info
	Park Water Co. (Compton) [p]	is provided. Contact water system for details	System		More info
	Cal State Polytechnic Univ (Pomona) [p]	A mixture of fluoridated and non-fluoridated water	Contact Water		More info
		is provided. Contact water system for details	System		
	Golden State Water Co. (Claremont)	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
		A mixture of fluoridated and non-fluoridated water	Contact Water		
	City of Compton [p]	is provided. Contact water system for details	System		More info
	One and a Weller Wester District follows	A mixture of fluoridated and non-fluoridated water	Contact Water		Mana tata
	Crescenta Valley Water District [p]	is provided. Contact water system for details	System		More info
	Golden State Water Co. (Culver City) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Foothill Municipal Water District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.8	0.8	More info
	Cal-Water Service Co. (Dominguez) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Kinneloa Irrigation District	Water naturally contains fluoride near the optimal level. Contact water system for more info.	Contact Water System	Contact Water System	More info
	Cal-Water SC (East Los Angeles) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of El Segundo [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of Glendale [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Glendora [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Suburban Water Sys. (Glendora) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Hawthorne [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Huntington Park [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Commerce [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Inglewood [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-American WC (Baldwin Hills) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	La Canada Irrigation District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Suburban Water Sys. (La Mirada) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Las Flores Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Lincoln Avenue Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Long Beach	OPTIMAL FLUORIDATION IS PROVIDED	0.84	0.8	More info
	City of Los Angeles (LADWP)	OPTIMAL FLUORIDATION IS PROVIDED	0.72	0.8	More info
	Golden State WC (Willowbrook) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Lomita [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Los Angeles CWWD 21 (Kagel Canyon) [h]	OPTIMAL FLUORIDATION IS PROVIDED	0.72	0.8	More info
	Golden State WC (Florence/Graham) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info

County	Water System Name	Fluoridation Status	2011 Average Fluoride level	OPTIMAL Fluoride	More info
		A mixture of fluoridated and non-fluoridated water	(mg/l) Contact Water	level (mg/L)	
	City of Lynwood [p]	is provided. Contact water system for details	System		More info
	City of Manhattan Beach [p]	A mixture of fluoridated and non-fluoridated water	Contact Water		More info
		is provided. Contact water system for details  A mixture of fluoridated and non-fluoridated water	System		
	Maywood Mutual Water Co. #1 [p]	is provided. Contact water system for details	Contact Water System		More info
	Maywood Mutual Water Co. #2 [p]	A mixture of fluoridated and non-fluoridated water	Contact Water		More info
	maywood mataar trater oo: #2 [p]	is provided. Contact water system for details  A mixture of fluoridated and non-fluoridated water	System		MICIO IIIIO
	Maywood Mutual Water Co. #3 [p]	is provided. Contact water system for details	Contact Water System		More info
	Metropolitan Water District of So. Cal	·	0.77	0.8	More info
	Golden State Water Co. (Norwalk) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Orchard Dale Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-Water Service Co. (Palos Verdes) [o]		0.79	0.8	More info
	City of Paramount [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Bell Gardens [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Montebello	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Pasadena [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Pomona [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Covina [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-Water SC (Hermosa/Redondo) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-American Water Co. (San Marino) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Rubio Canon Land And Water Assn. [t]	Water naturally contains fluoride near the optimal level. Contact water system for more info.	1.29	0.8	More info
	Golden State Water Co. (San Dimas) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of San Fernando [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Santa Monica [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Sierra Madre	Water naturally contains fluoride near the optimal level. Contact water system for more info.	Contact Water System	Contact Water System	More info
	City of Signal Hill [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of South Pasadena [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State Water Co. (Southwest) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Beverly Hills	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
	Park Water Co. (Lynwood) [p]	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
	Valley Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Vernon [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Walnut Park Mutual Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
	Suburban Water Sys (Whittier) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Burbank [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Norwalk [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Rowland Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Suburban Water Sys. (Covina Knolls) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	LA CWWD 29 & 80 (Malibu & Marina Del Rey)	OPTIMAL FLOORIDATION IS PROVIDED	0.74	0.8	More info
	Suburban Water Sys. (San Jose) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Park Water Co. (Norwalk/Bellflower)		0.83	0.8	More info
	City of Torrance [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	La Habra Heights County WD [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State WC (So. San Gabriel) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Las Virgenes Municipal Water District [p]		Contact Water System	Contact Water System	More info
	Walnut Valley Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Lakewood [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Mesa Crest Water Co. [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of Santa Fe Springs [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
Marin	Marin Municipal Water District	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.9	More info
	NPS GG NRA [j]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.9	More info
Merced	City of Los Banos	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
	City of Merced	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.9	More info
Napa	City of American Canyon [n]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
Orange	Knott's Berry Farm [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Anaheim [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Brea [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Buena Park [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Mesa Consolidated WD [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Fullerton [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Laguna Beach County Water District [o]		0.77	0.8	More info
	City of La Habra [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State Water Co. (West Orange) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info

Check this list to see whether your water system provides Optimal Fluoride Levels OR Provides a Mixture of Fluoridated and Non-fluoridated water

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
	City of Newport Beach [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Orange [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Orange Park Acres MWC [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of San Juan Capistrano [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State Water Co. (Placentia) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of San Clemente [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Yorba Linda Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Santa Ana [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Seal Beach [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	South Coast Water Dist. (South Coast) [o]		0.77	0.8	More info
	City of Tustin [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State WC (Cowan Heights) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Huntington Beach	OPTIMAL FLUORIDATION IS PROVIDED	0.90	0.8	More info
	South Coast WD (Capistrano Beach) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of Garden Grove [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Westminster [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	East Orange County WD (Retail Zone) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Fountain Valley	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
	Golden State Water Co. (Yorba Linda) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Joint Regional Water Supply Sys. [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Moulton Niguel Water District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	El Toro Water District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Irvine Ranch Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	East Orange County WD (Wholesale Zone) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Trabuco Canyon Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Irvine Ranch Water District (Santiago) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of La Palma [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Santa Margarita Water District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
Placer	City of Roseville - West Train	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	City of Roseville - East Train	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info

Page 5

Check this list to see whether your water system provides Optimal Fluoride Levels OR Provides a Mixture of Fluoridated and Non-fluoridated water

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
	Placer CWA - (Bianchi Estates) [v]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	Cal-American Water Co. (West Placer) [v]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
Riverside	Box Springs Mutual Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Eastern Municipal WD	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Elsinore Valley Municipal WD [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Elsinore Water District (Country Club) [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Hemet [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Home Gardens County WD [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Indio Water Authority	Water naturally contains fluoride near the optimal level. Contact water system for more info.	Contact Water System	Contact Water System	More info
	City of Norco [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Nuevo Water Co. [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Perris [q]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Riverside [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of San Jacinto [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Western MWD - Murrieta Division [r]	OPTIMAL FLUORIDATION IS PROVIDED	0.60	0.8	More info
	City of Corona [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Rancho California WD [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	The Farm Mutual Water Co. [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Western MWD [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.7	0.8	More info
	Lee Lake Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Western MWD (ID A - Rainbow) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.7	0.8	More info
	Elsinore Water District (Lakeland) [r]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
Sacramento	Sacramento Suburban Water District -	OPTIMAL FLUORIDATION IS PROVIDED	0.91	0.8	More info
	Cal-American Water Co. (Suburban)	OPTIMAL FLUORIDATION IS PROVIDED	0.93	0.8	More info
	Cal-American Water Co. (Parkway)	OPTIMAL FLUORIDATION IS PROVIDED	0.87	0.8	More info
	City of Sacramento	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
	Sacramento County Water Agency [e]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-American Water Co. (Rosemont)	OPTIMAL FLUORIDATION IS PROVIDED	0.90	0.8	More info
	Cal-American Water Co. (Arden)	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
San Bernardino	Redlands MUD	Water naturally contains fluoride near the optimal level. Contact water system for more info.	Contact Water System	Contact Water System	More info
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Page 6

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)		More info
San Diego	Yuima Municipal WD (IDA) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Yuima Municipal WD [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	California-American Water Co (Coronado, Imperial Beach)	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	Vallecitos Water District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of Del Mar [w]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	Carlsbad MWD[o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of Escondido	OPTIMAL FLUORIDATION IS PROVIDED	0.82	0.8	More info
	Fallbrook Public Utility District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Helix Water District	OPTIMAL FLUORIDATION IS PROVIDED	0.71	0.8	More info
	Lakeside Water District [g]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Oceanside [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Rainbow MWDistrict [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Rincon Del Diablo MWD (ID-1) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Ramona Municipal Water District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of San Diego	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	Contact Water System	More info
	Valley Center Municipal WD [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Vista Irrigation District [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Olivenhain Municipal WD [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Otay Water District [g]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Padre Dam Municipal WD [s]	OPTIMAL FLUORIDATION IS PROVIDED	0.71	Contact Water System	More info
	Cal-Water Service Co. (Bear Gulch) [i]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-Water Service Co. (So. San Francisco) [i]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of San Bruno [i]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
San Francisco	San Francisco Regional Water Sys.	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	San Francisco International Airport [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	San Francisco Public Utility Comm. SFWS [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	Presidio of San Francisco	OPTIMAL FLUORIDATION IS PROVIDED	1.10	1	More info
	Treasure Island [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
San Luis Obispo	City of San Luis Obispo	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
San Mateo	Mid-Peninsula Water District [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
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County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
	City of Brisbane [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Burlingame [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	Guadalupe Valley MID [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	Cal-Water Service Co. (San Carlos) [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	Cal-Water Service Co. (San Mateo) [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Daly City	OPTIMAL FLUORIDATION IS PROVIDED	0.99	1	More info
	Skyline County Water District [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Hillsborough [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Menlo Park [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Millbrae [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	Estero MID [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Redwood City [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of East Palo Alto [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	North Coast County WD [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	Westborough County WD [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
Santa Barbara	City of Santa Maria	OPTIMAL FLUORIDATION IS PROVIDED	0.92	0.9	More info
	Vandenberg Air Force Base	OPTIMAL FLUORIDATION IS PROVIDED	0.89	0.9	More info
Santa Clara	City of Milpitas [i]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Mountain View	OPTIMAL FLUORIDATION IS PROVIDED	0.93	0.9	More info
	City of Palo Alto [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Santa Clara [i]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Stanford University [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of Sunnyvale [i]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of San Jose (NSJ/Alviso) [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
	City of San Jose (Evergreen)	OPTIMAL FLUORIDATION IS PROVIDED	0.85	0.8	More info
	Purissima Hills WD [c]	OPTIMAL FLUORIDATION IS PROVIDED	0.95	1	More info
Solano	City of Benicia	OPTIMAL FLUORIDATION IS PROVIDED	0.88	0.9	More info
	City of Fairfield	OPTIMAL FLUORIDATION IS PROVIDED	0.86	0.8	More info
	City of Vallejo	OPTIMAL FLUORIDATION IS PROVIDED	0.93	0.9	More info
	City of Vacaville	OPTIMAL FLUORIDATION IS PROVIDED	0.84	0.8	More info

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)	OPTIMAL Fluoride level (mg/L)	More info
	City of Vallejo (Travis AFB WTP)	OPTIMAL FLUORIDATION IS PROVIDED	1.02	0.8	More info
	Travis Air Force Base	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
Sonoma	City of Healdsburg	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
	Sonoma Co. #41-Fitch Mountain [k]	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
	US Coast Guard Training Center Petaluma	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.9	More info
Sutter	City of Yuba City	OPTIMAL FLUORIDATION IS PROVIDED	0.82	0.8	More info
Ventura	Solano Verde Mutual Water Co. [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Academy Mutual Water Co. [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Thermic Mutual Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Brandeis Bardin Institute [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Ventura CWWD No. 17 (Bell Canyon) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	City of Oxnard [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Pleasant Valley Mutual Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Port Hueneme [d]	OPTIMAL FLUORIDATION IS PROVIDED	0.98	0.9	More info
	Ventura CWWD No. 19 (Somis) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Cal-Water Service Co. (Westlake) [o]		0.80	0.8	More info
	Ventura CWWD No. 1 (Moorpark) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Camarillo [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	City of Thousand Oaks [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Ventura CWWD No. 8 (Simi Valley) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Channel Islands Beach CSD [d]	OPTIMAL FLUORIDATION IS PROVIDED	0.98	0.9	More info
	Cal-American WC (Village District) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Oak Park Water Service [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Calleguas MWD [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.83	0.8	More info
	Crestview Mutual Water Co. [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Golden State WC (Simi Valley) [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Camrosa Water District [p]	A mixture of fluoridated and non-fluoridated water is provided. Contact water system for details	Contact Water System		More info
	Lake Sherwood CSD [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
	Port Hueneme Water Agency	OPTIMAL FLUORIDATION IS PROVIDED	0.98	0.9	More info
	Cal-American WC (Las Posas Estates) [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
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Check this list to see whether your water system provides Optimal Fluoride Levels OR Provides a Mixture of Fluoridated and Non-fluoridated water

County	Water System Name	Fluoridation Status	2011 Average Fluoride level (mg/l)		More info
	Point Mugu Naval Base [d]	OPTIMAL FLUORIDATION IS PROVIDED	0.98	0.9	More info
	Port Hueneme Naval Base [d]	OPTIMAL FLUORIDATION IS PROVIDED	0.98	0.9	More info
	USN - Camarillo Housing [o]	OPTIMAL FLUORIDATION IS PROVIDED	0.77	0.8	More info
Yolo	City of West Sacramento	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
Yuba	Plumas Lake	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
	Olivehurst	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.8	More info
	Beale Air Force Base	OPTIMAL FLUORIDATION IS PROVIDED	Contact Water System	0.9	More info

### Important Notes:

The **OPTIMAL** fluoride concentration is the targeted fluoride concentration for that public water system based upon location and weather data. The yearly average should be within an optimum range near the optimal concentration.

The **YEARLY AVERAGE** fluoride concentration is the *actual* average fluoride concentration of the public water system for the year. This number should be as close to the optimal fluoride concentration as possible.

An OPTIMALLY FLUORIDATED SYSTEM either naturally has fluoride that falls within the optimal range, or adjusts or purchases water for full fluoridation in order to provide customers with water that is optimally fluoridated. Thus, fluoride supplements are not necessary if you live within these systems.

A PARTIALLY FLUORIDATED SYSTEM mixes purchased fluoridated water with non-fluoridated water; thus, although there is some fluoridation, the water provided to customers is not optimally fluoridated. Customers of these water systems should consult their dentists about fluoride supplements.